

## Men's Center Daily Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM		Wake up	Wake up	Wake up	Wake up	Wake up	
6:30 AM		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
7:00 AM	Wake-up						Wake up
7:30 AM		Prayer	Prayer	Prayer	Prayer	Prayer	Breakfast
8:00 AM	Breakfast	Devotions	Devotions	House Meeting	Devotions	Devotions	Chores
8:30 AM	Church Service	Chores	Chores	Chores	Chores	Chores	Devotions
9:00 AM		Group Studies	Group Studies	Group Studies	Group Studies	Group Studies	
9:30 AM		Personal Studies	Chapel	Personal Studies	Chapel	Personal Studies	
10:00 AM							
10:30 AM							
11:00 AM							Free Time (Visits & Passes)
11:30 AM							
12:00 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
12:30 PM	Free Time	Work Detail	Work Detail	Work Detail	Work Detail	Work Detail	Free Time
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM	Clean-up	Clean-up	Clean-up	Clean-up	Clean-up	Clean-up	
5:00 PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
5:30 PM	Church Service	Free-time	Free-time	Church Service	Free-time	Free Time	Free Time
6:00 PM		Prayer	Prayer		Prayer		
6:30 PM		Study Hall	Growth Group		Choir Practice		
7:00 PM							
7:30 PM							
8:00 PM	Shower Time	Shower Time	Shower Time	Shower Time	Shower Time	Movie Night	
8:30 PM							
9:00 PM							
9:00 PM	Quiet Time	Quiet Time	Rule Reading	Quiet Time	Quiet Time		
9:30 PM			Quiet Time				
10:00 PM	Lights out	Lights out	Lights out	Lights out	Lights out		
10:30 PM						Quiet Time	Quiet Time
11:00 PM						Lights Out	Lights Out

## Women's Center Daily Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM		Wake up	Wake up	Wake up	Wake up	Wake up	
6:30 AM		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
7:10 AM	Wake-up (7:00)						Wake up (7:00)
7:30 AM	Breakfast	Prayer	Prayer	Prayer	Prayer	Prayer	Breakfast
8:00 AM	Church Service	Free Time	Free Time	Free Time	Free Time	Free Time	
8:15 AM		Devotions	Devotions	Devotions	Devotions	Devotions	Chores
8:30 AM		Quick Clean	Quick Clean	Quick Clean	Quick Clean	Quick Clean	Devotions
9:00 AM		Exercise	Joyce Meyer	Exercise	Joyce Meyer	Exercise	Free Time
9:30 AM							
10:00 AM		Class Time	Class Time	Class Time	Class Time	Class Time	Work Detail
10:10 AM							
10:00 AM							
11:55 AM							
12:00 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12:30 PM	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM		Work Detail	Work Detail	Work Detail	Work Detail	Work Detail	
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM	Dinner	Free Time	Free Time	Free Time	Free Time	Free Time	
5:00 PM	Church Service	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
5:30 PM		Free Time	Free Time	Free Time	Free Time	Free Time	Free Time
6:00 PM		Class Time	Class Time	Class Time	Class Time		
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM	Free Time	Free Time	Free Time	Free Time			
9:00 PM	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time		Quiet Time
9:15 PM		Devotions	Devotions	Devotions	Devotions		Devotions
9:45 PM							
10:00 PM	Lights out	Lights Out	Lights Out	Lights Out	Lights Out		Lights Out
10:15 PM						Devotions	
10:30 AM							
11:00 PM						Lights Out	